



Pam Ervin, a veteran instructor for 26 years teaches Pilates, Cycling, Power Flex, BOSU, Step, Aqua and Circuit. Pam currently also teaches at Bally's. Her favorite all time class was an advanced step class, "that I taught for 15 years while living in the Fresno area! I really miss it, but my feet don't!!!"

Always active as a child, with a desire to dance, her father taught her to race motor cross instead. Her hobbies now include gardening, painting, and collecting rocks, but her favorite is spending time with her 2 1/2 year old granddaughter. Still staying active, Pam's family nickname is Pam "Things to Do" Ervin.