

Just Dance !!!

Every Tuesday @ 6:00 pm beginning February 21st



**Back by
popular
demand!!**

3 new dance styles in 6 weeks

*February 21st &
February 28th*
Hip Hop

Hip Hop is a social or choreographed dance style primarily danced to hip-hop music.

*March 6th and
March 13th*
Drums Alive

Drums Alive is a program that fosters overall health through the use of drum music, stability balls, and drumsticks.

*March 20th &
March 27th*
Bollywood

Come try classic Indian dancing with a very modern twist. It's fun for everyone!!!

BOEING
Long Beach Fitness
boeinglongbeachfitnesscenter.com



Sign-up today!!!!

562.427.3462